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sue shepherd, phd, is coauthor of the complete low-fodmap diet and author of the low-fodmap diet cookbook and the 2-step low-fodmap eating plan.

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sue shepherd, phd, is coauthor of the complete low-fodmap diet and author of the low-fodmap diet cookbook. she is the director of shepherd works, australia's ...

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about the author-sue shepherd, phd, is coauthor of the complete low-fodmap diet and author of the low-fodmap diet cookbook. she is the director of shepherd works ...

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