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dear traditional cook, hi and welcome! i'm wardee, the lead teacher and owner of traditional cooking school. i'm also the author of the complete idiot's guide to ...

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fermented foods are supercharged with incredible nutrition, unique flavor, and countless health benefits. this guide provides step-by-step instructions for fermenting ...

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i had never fermented food until three weeks ago.i began in earnest, determined to do a thorough job. i had, with the help of idiot's guide, beginner's luck ok the ...

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the complete idiot's guide to fermenting foods. the complete idiot's guide to fermenting foods by wardeh harmon is an excellent resource for both new and experienced ...

FERMENTING FOODS: THE COMPLETE IDIOT'S GUIDE - PROGRESSIVE ...

Sat, 01 Apr 2017 08:07:00 GMT

wardeh, of gnowfglins, was asked by the complete idiot's guide people to author a book on fermenting and i think she did a brilliant job! i love the no-nonsense ...

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